

# MIAC announces 2019-20 Men's Golf awards

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**BLOOMINGTON, Minn.** – The Minnesota Intercollegiate Athletic Conference (MIAC) announced its award recipients for the 2019-20 men's golf season on Tuesday.

For the second time in his career, St. Thomas senior **Emmet Herb** was named MIAC Player of the Year, while his coach, **Scott Proshek**, received Coach of the Year honors and Augsburg newcomer **River Goodman** was named Freshman of the Year.

Herb (Sr. | Middleton, Wis.) posted a score of 211 to earn medalist honors at last October's MIAC Championship meet - good for the second-best total in meet history. He led the conference with a 71.4 stroke average over 15 rounds of play in the fall, recording 12 rounds of 71 or better, highlighted by a score of 65 in a dual meet with Gustavus in August. Herb finished the year ranked No. 4 among NCAA Division III competitors in the Golfstat computer rankings. He is the fifth men's golfer in the last 20 years to earn multiple Player of the Year honors and the first to do it in non-consecutive seasons, having previously won the award as a sophomore in 2018.

Goodman (Fr. | Buffalo, Minn.) played in all six varsity tournaments for the Auggies in his debut season and tied for fifth-place at last October's MIAC Championship meet. The first-year golfer averaged 76.2 shots over 14 rounds of play in 2019. He is the second Augsburg player in the last three seasons to win Freshman of the Year honors, joining 2018 recipient Levi Hauser.

Proshek was named MIAC Coach of the Year for the fourth time in his eleven seasons. He guided St. Thomas to four victories in seven tournaments, including a third straight MIAC title, this past fall. The Tommies finished the year at No. 6 in the Bushnell Golfweek NCAA Division III Top 25 Poll.

The MIAC Men's Golf All-Conference team was selected using a combination of MIAC championship results and end-of-season voting. The top 10 finishers (including ties) at the MIAC Championship in October automatically earned All-MIAC honors, and coaches nominated and voted to add five additional players to the 15-member squad based on their body of work throughout the season. The conference also recognized honorable mention selections, bestowing the accolade upon any individual who did not place among the top-five vote-getters but still received consideration on multiple ballots.

Augsburg's **Brett Buckingham** became the 15th man in recorded MIAC golf history to receive All-Conference honors in four straight seasons. Gustavus' **Ben Hauge**, Saint John's **David Schneider**, and St. Thomas' **Emmet Herb** all earned All-MIAC distinction for the third time, a feat accomplished by just 37 individuals since 1985. Gustavus' **Jacob Pedersen** and **Max Ullan** joined Saint John's **Matt Wahl** as repeat All-Conference honorees. The 2019-20 MIAC Mens' Golf All-Conference Team is comprised of seven seniors, three juniors, four sophomores, and one freshman. Saint John's and St. Thomas both had four honorees, while Gustavus had three, Augsburg had two, and Concordia and St. Olaf each had one. Bethel and Carleton were each represented with selections on the honorable mention squad.

As part of a conference-wide sportsmanship initiative, the MIAC also announced the 14th annual All-MIAC Sportsmanship team for men's golf. Members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrate ideals of positive sportsmanship both on and off the field of competition.



Herb (left), Goodman (center), and Proshek (right) earned top individual honors on Tuesday.

## 2019-20 MIAC Men's Golf Awards

**Player of the Year** – Emmet Herb, St. Thomas (Sr. | Middleton, Wis.)

**Freshman of the Year** – River Goodman, Augsburg (Fr. | Buffalo, Minn.)

**Coach of the Year** – Scott Proshek, St. Thomas (11th Season)

## 2019-20 MIAC Men's Golf All-Conference Team

Name	Institution	Class	Hometown   High School	Previous Selections
Brett Buckingham	Augsburg	Sr.	Glenwood, Minn.   Minnewaska	2017   2018   2019
Ben Frazzini	St. Thomas	So.	Medina, Minn.   Wayzata	--
River Goodman	Augsburg	Fr.	Buffalo, Minn.	--
Ben Hauge	Gustavus	Sr.	Ramsey, Minn.   Anoka	2017   2019

Emmet Herb	St. Thomas	Sr.	Middleton, Wis.	2018   2019
Ben Kisla	St. Thomas	Sr.	Western Springs, Ill.   Fenwick	--
Preston Kopel	Saint John's	Jr.	Sauk Rapids, Minn.   Foley	--
Jack Nasby	St. Thomas	So.	Edina, Minn.	--
Casey Parker	St. Olaf	So.	Northfield, Minn.	--
Jacob Pedersen	Gustavus	So.	Minnetonka, Minn.	2019
David Schneider	Saint John's	Sr.	Albany, Minn.	2018   2019
Gage Stromme	Concordia	Sr.	Fargo, Minn.   Park Christian	--
Charlie Stuck	Saint John's	Jr.	St. Cloud, Minn.   Cathedral	--
Max Ullan	Gustavus	Jr.	Blaine, Minn.	2019
Matt Wahl	Saint John's	Sr.	Minnetonka, Minn.   Hopkins	2019

2019-20 MIAC Men's Golf Honorable Mention

Name	Institution	Class	Hometown   High School	Previous Selections
James Berger	Carleton	Fy.	Los Altos Hills, Calif.   Gunn	--
Jon Espe	Bethel	Sr.	Duluth, Minn.   Marshall	2018 (1T)   2019 (1T)

2019-20 MIAC Men's Golf All-Sportsmanship Team

Name	Institution	Class	Hometown   High School
Bob Harnagel	Augsburg	Jr.	Eagan, Minn.   Eastview
Spencer Kronbeck	Bethel	Jr.	Red Wing, Minn.
Peter Gullickson	Carleton	Jr.	Edina, Minn.   The Blake School
Gage Stromme	Concordia	Sr.	Fargo, Minn.   Park Christian
Max Ullan	Gustavus	Jr.	Blaine, Minn.
Jim Smith	Macalester	Jr.	Shippensburg, Pa.
Matt Lutz	Saint John's	Sr.	Maple Grove, Minn.   Totino-Grace
Alex Allen	Saint Mary's	Fr.	Monticello, Minn.
Noah Parker	St. Olaf	Sr.	Northfield, Minn.   St. Paul Academy
Jack Nasby	St. Thomas	So.	Edina, Minn.